

The Impact of the Dormitory Duty Policy on Improving Student Discipline at Madrasah Muallimin Muhammadiyah Yogyakarta

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ABSTRACT

The dormitory administrators' concerns about the cleanliness of the dormitory, which is not clean, can cause the spread of disease. This study aims to examine how the management of the dormitory duty policy implemented at Madrasah Muallimin Muhammadiyah Yogyakarta can improve the discipline of students. This study uses a qualitative method with a field research type. The data obtained came from observation, interviews, and documentation. The results of this study indicate that the dormitory duty policy can improve the discipline of students. In addition, the impact of the policy is also able to make all parties in the dormitory submit and comply with its policies. The dormitory administrators can improve their skills in planning, organizing, directing, and controlling. While the students who improve their discipline, character, responsibility, moral attitude, and skills. With the presence of this dormitory duty, the dormitory becomes clean, and the scabies suffered by the students are reduced.

I. INTROUCTION

Skin diseases are often found in Indonesia because Indonesia is a tropical country. These skin diseases are usually caused by parasites, fungi, viruses, and animals and can be found in densely populated places, such as Islamic boarding schools, dormitories, prisons, and the like [1]. Places that are densely populated without cleanliness in them or someone who cleans the place will facilitate the emergence of diseases, one of which is skin disease, namely scabies [2]. The incidence of people with scabies is often found in densely populated places and lack of cleanliness in the environment. Many young children are affected, such as in Islamic boarding schools. The incidence of scabies is very high due to the lack of optimal handling [3], [4]. Handling related to diseases caused by fungi, viruses, and the like can be prevented through clean living behavior or personal hygiene [5], [6]. Clean living behavior in the dormitory environment is not as expected because many parties are involved and live in the dormitory [7]. In overcoming this, rules or policies are needed that are able to regulate acti 72 in the dormitory.

A policy is a type of basic plan to carry out tasks that are developed completely rationally by optimizing techniques to identify the best alternatives to achieve maximum goals. policies play an important role in the education process [8]. Policy is seen as a point of view or attitude made in response to a dilemma or point of contention in order to achieve certain goals [9]. Meanwhile, according to Halim (2013), policy is one of the results of identification that leads to steps that lead to the best decisions and as a basis for considering reason [10]. Based on this description, it states that

policy is a basic thing that is used to do something rationally and optimally with deep considerations in order to achieve certain goals in the best direction.

Policies that produce positive outcomes, such as the introduction of dormitory duty. The concept of dormitory duty highlights how students can naturally have self-discipline, accountability, independence, teamwork, and a strong sense of social spirit [11]. Whether in an Islamic boarding school dormitory or a school dormitory, one of the standard practices is to do dormitory duty [12]. This activity plays an important role in shaping the personalities of the residents in addition to keeping the dormitory environment neat and orderly [13]. Students are responsible for their residence through dormitory duty. Each resident has a duty schedule that they must follow. They are also responsible for completing assigned tasks, which can include sweeping the yard, cleaning the toilet, or maintaining the security of the dormitory [14]. Practicing discipline in carrying out these responsibilities teaches residents how to manage time and work together with peers.

Another way to improve relationships between students is through dormitory duty. To carry out obligations, cooperation and coordination are often needed. This teaches local residents to support each other and work together to achieve common goals [15]. Furthermore, the familiarity that is formed during the duties can foster a peaceful and comfortable environment in the dormitory. Dormitory duty not only instills responsibility and discipline but also other social values such as empathy and tolerance [16]. Students gain an appreciation for diversity and an understanding of the needs and emotions of their peers. For example, students can support and help each other when a friend is sick or experiencing difficulties.

The challenges that must be faced in managing the dormitory include the low awareness of students about the importance of dormitory duty and the reluctance to carry out their duties. It is even worse if there is injustice in the division of tasks that are arranged [17]. This will have an impact on the behavior of students, which can deviate from the policies that have been made. In addition, the challenges that often occur are the low supervision in the implementation of dormitory duty and the inconsistencies in plans for carrying out their duties [18]. This problem can result in conditions where students do not comply with the agreed rules and can cause undesirable conditions [19]. So if the dormitory duty does not run well, it will have an impact on the health of the students.

Apart from the policy on dormitory duty, what is no less important is the discipline of students in carrying out their activities. The two character traits of discipline and responsibility are considered important to improve learning activities. According to Lickona, discipline does not only regulate student behavior; discipline also needs to build their character [20]. Likewise, discipline, according to Yasin, is an activity that shows obedience and compliance because a person is aware of his own urges towards the rules and refrains from violating them. He defines discipline as an act of obedience carried out by personal choice and without the need for external coercion, as long as the action taken does not violate any law [21]. Ningrum defines discipline as a person's behavior that obeys the law

[22]. In addition to the fact that discipline is a key factor in determining how well students learn, discipline has many other advantages for those who adopt it.

In research related to dormitory cleaning policy in the last ten years, there is only one study from Amalia, which states that community empowerment based on dormitory cleaning cadres is expected to prevent the spread of diseases such as scabies [2]. This research has not led to a policy that is able to improve the discipline of a student. Research on the discipline of students in the last ten years has been widely found, but those that lead to the theme of discipline starting from the dormitory cleaning picket have not been found. Other studies state that efforts to improve the discipline of students in maintaining cleanliness can be carried out with special assistance using token economy techniques [23].

Based on the statement above, it states that discipline is an attitude or behavior that a person has that shows compliance and orderliness towards the rules and norms that apply in life. A form of awareness in a person to act in accordance with the standards, norms, and rules that apply generally in society is what we mean when we talk about discipline. Given that children's education and moral education both take into account the concept of discipline, In addition, moral problems are believed to be increasingly concerning and growing from year to year. Therefore, schools, Islamic boarding schools, and dormitories have begun to place greater emphasis on character education for students by providing their students with models of discipline. This research is important to study further regarding the impact of dormitory policies to improve student discipline. Starting from skin diseases, especially skin diseases that are often contagious, then the dormitory duty policy arose, and after the dormitory duty policy was implemented. The positive side of this policy is increasingly visible. From training the responsibility of students in Islamic boarding schools to maintaining the cleanliness of the dormitory, which is continuous (periodically because it is always cleaned). On the other hand, the dormitory duty policy was created to train students to be more responsible for themselves, improve cooperation, get used to discipline, and most importantly, maintain the cleanliness of the dormitory itself.

II. METHODS

This study uses a descriptive qualitative research approach with a field research type. This method is intended to deepen the study related to the impact of the dormitory duty policy to improve the discipline of students implemented at Madrasah Muallimin Yogyakarta. In addition, the use of this type of research is to describe, explore, and interpret the characteristics that appear in the field [24]. The data collection techniques used are observation, semi-structured interviews, and documentation. Data obtained from observations in each class were then subjected to semi-structured interviews with several parties related to this study. Informants were selected based on those who were considered to have broad insight and could think critically about certain events in accordance with the research theme. Furthermore, documentation was carried out during the dormitory duty

process. Furthermore, the data was obtained by triangulating sources to determine whether the data obtained was valid or not. Furthermore, data analysis in this study was carried out by means of data reduction, data presentation, and drawing conclusions [25].

III. RESULTS AND DISCUSSION

Education has a very strategic position in developing the potential and capabilities of human resources, including students. With education, an individual is able to gain knowledge, skills, and values that can contribute positively to daily life in the community [26]. In addition, education can help shape character, improve quality of life, and open opportunities for economic and social progress [27]. In managing the potential, skills, and values needed, a policy is needed that can regulate so that the expected goals can be implemented properly.

3.1. Management of Dormitory Duty Policy at Madrasah Muallimin Muhammadiyah Yogyakarta

In implementing the dormitory duty policy, especially in dormitories, dormitory administrators play an important role in the process of policy formation and the implementation of the dormitory duty policy that is made. The role of dormitory administrators is responsible for supervising, guiding, and serving students [28]. While other opinions related to this are very critical in order to maintain, supervise, and guide discipline in the environment [29]. Seeing this, a policy is needed that is able to overcome the problem. Here are some important roles for dormitory administrators in making and managing policies, according to Henry Fayol in Raymond (2018), as follows [30]:

III.2.1 Making activity plans (planning)

The first step in managing dormitory duty policies is making plans. Planning in general is setting goals and finding ways to achieve them. Planning is very important because it plays a role in driving other management functions [31]. Planning in general is setting goals and finding ways to achieve them. Planning is very important because it plays a role in driving other management functions [32]. This is supported by another opinion: in planning, goals and arrangements must be set logically [30]. With this, making a plan before carrying out an activity is very important to facilitate the activity. As in managing student activities.

Activity planning is made by considering the place, time, and type of student activities. This is supported by the head of the madrasah, who stated that in making activity plans, dormitory administrators (asatid) and also musyrif must be involved. The role of dormitory administrators (asatid and musyrif) is very important in order to achieve the desired goals. In delivering these dormitory regulations, there are several stages, namely: first, all guardians of students and students are given a regulation book; second, the regulations are read in front of all guardians of students and students and everyone listens, so the book is not only distributed but also read so that it can be better

understood; third, the regulations are reread 4 times a year in front of all students so that students do not forget.

III.2.2 Organizing activities (organizing)

Organizing is a series of activities carried out to organize various activities, determine tasks and authorities, and delegate them to *asatid* or *musyrif* to achieve company goals. The manager is responsible for providing everything needed to carry out the action plan after the plan is designed. This includes providing raw materials, equipment, capital, and human resources needed to carry out the plan [33]. Organizing functions to synchronize and organize all activities related to personnel, finance, materials, and procedures in achieving the goals that have been set [34].

After making a plan, the dormitory administrators (*asatid* and *musyrif*) organize various activities, an example of which is dormitory duty. The dormitory administrators socialize all the regulations and also the division of tasks from the dormitory duty that is made so that students can understand the tasks that must be done in order to maintain the cleanliness of the dormitory. The dormitory administrators have their own goals in making these dormitory duty regulations. With these regulations, whether or not the goals are achieved depends on how the dormitory administrators organize the planned activities, and the dormitory administrators must also be responsible for organizing these activities as optimally as possible so that the planned goals can be achieved properly.

III.2.3 Giving Direction (directing)

Directing is also an activity to direct all *asatid* or *musrif* so that they are willing to cooperate and work effectively and efficiently in helping to achieve the goals of the company, *asatid* or *musrif*, and society [35]. Directing is integrating the efforts of members of a group in such a way that by completing the tasks assigned to them, they meet individual and group goals. Thus, directing is an activity related to guidance efforts, providing guidance, suggestions, orders, and instructions so that the goals that have been determined can be achieved [36].

The dormitory administrator provides guidance and instructions to students in carrying out picket activities so that students can carry out their duties according to the plan that has been set; the direction given must be in the form of action, not just words. The dormitory administrator must ensure that the activities carried out by the students are carried out regularly and according to the time that has been determined. The dormitory administrator must also inform the students of this schedule so that they can understand and follow the activities well. In addition to providing direction, dormitory administrators must provide motivation to students. By providing this motivation, students will be more enthusiastic in carrying out their duties and better understand the function of making the duty regulations. With this positive motivation, students can be disciplined in carrying out duty activities.

III.2.4 Providing Supervision (Controlling)

Control, also known as supervision, is one of the management functions that aims to evaluate and make adjustments to everything that has been done by subordinates. This is done so that everything is directed in the right direction according to the purpose of supervision, namely to check

and supervise so that all tasks can be carried out correctly and in accordance with current provisions or in accordance with the job descriptions of each individual. Supervision can be carried out vertically or horizontally; superiors have the ability to regulate the performance of their subordinates, and subordinates also have the ability to provide criticism to their superiors. The intrinsic supervision system is the term for this way of working. In terms of work, intrinsic supervision emphasizes more on accuracy and originality [37].

The definition of supervision (controlling) can be stated as follows: Supervision is the process of monitoring activities to ensure that these activities are completed as planned and correcting any significant deviations [38]. The dormitory administrators have the task of supervising and maintaining order during the on-duty activities. The dormitory administrators ensure that the activities carried out by the students are carried out in an orderly manner and in accordance with the directions that have been given. The dormitory administrators also provide advice or punishment if there are violations or mistakes made by students in carrying out dormitory duty activities.

Dormitory administrators play an important role in implementing dormitory duty policies, supervising, guiding, and serving students. They are responsible for maintaining discipline and guiding students in their environment. To manage these policies effectively, they must create an activity plan, which includes setting goals and finding ways to achieve them. The plan must take into account the place, time, and type of student activities. Dormitory administrators and musyriks play an important role in conveying these regulations through various stages, including providing the rule book to guardians, reading it to students, and rereading it four times a year. Organizing activities includes creating a structured structure with integrated parts, directing various activities, determining tasks, and delegating to asatid or musyriks to achieve goals. Managers are responsible for providing the necessary resources, such as raw materials, equipment, capital, and human resources, to implement the plan. Dormitory administrators socialize regulations and division of tasks to ensure cleanliness and maintain cleanliness. Direction is another important aspect of asatid or musyrik direction, which integrates their efforts to meet individual and group goals. The dormitory manager provides direction and instructions to the students, ensuring that activities are carried out according to plan. By implementing this policy, the dormitory manager can ensure the smooth functioning of the dormitory and maintain discipline in the dormitory environment.

3.2. The Impact of the Dormitory Duty Policy on Student Discipline

The consequences of an action, whether positive or negative, have a great effect on the lives of each student. Every decision taken by a leader usually has its own impact, namely a positive impact and a negative impact. The impact can also be a continuation of the implementation of internal supervision. A professional leader should be able to predict the type of impact that will occur from a decision that will be taken [39]. The dormitory duty policy held at Madrasah Mu'allimin Muhammadiyah Yogyakarta has many positive impacts. The visible impact is that the dormitory as a place to live becomes more well-maintained and comfortable to live in. The impact on the students

themselves is that it can foster a sense of concern for the students about the importance of maintaining a clean and healthy environment and can also foster social principles among students towards each other by prioritizing cooperation between each other in order to achieve something that is desired, namely a clean and comfortable dormitory. As for some of the positive impacts of the dormitory duty policy, they are described as follows:

III.2.1 Discipline Development

If in your research there is more than one sub-section, you can add it according to the number of sub-section in your research This dormitory duty is very helpful in forming the character of discipline of students at Madrasah Muallimin Muhammadiyah Yogyakarta. This is because the tasks given to students must be done by the students, so that students who do not carry out their duties will be subject to the consequences of not doing their duties [40]. In giving tasks about dormitory cleanliness, students are also given time to do it, so students must be able to do it within the specified time, and this will help in forming discipline

III.2.2 Character Development

In maintaining the cleanliness of the dormitory, of course, not only one person works (40). Students will be trained to work together in the cleaning process and maintain the cleanliness of the dormitory together; of course, this will make students feel that the cleanliness of this dormitory is not for themselves but for all. By cleaning together and maintaining cleanliness together, students will interact with each other and find ways together (cooperation) to maintain the cleanliness of the students.

III.2.3 Training Responsibility

A student who is given the task of being on duty in the dormitory must, of course, carry out the task given; this is another function of the dormitory duty policy [41]. The task given is expected to make the student fully responsible. Although it seems like coercion in giving the task to always carry out the task of cleaning the dormitory, this policy is something good or positive. So it will not make the student feel in vain in carrying out the task given.

III.2.4 Influence On Moral Attitudes

Research shows that dormitory activity discipline has a positive and significant influence on students' moral attitudes. Every increase in dormitory discipline activities can affect the increase in students' moral attitude scores, which is an important aspect in forming student character [42].

III.2.5 Skill Development

The development of skills related to cleanliness is one of the impacts of the dormitory duty policy; of course, other skills such as cooperation, social, and things related to the dormitory duty policy increase.

III.2.6 Dormitory Cleanliness

The most important thing among the impacts above is, of course, that the dormitory will always be clean. This policy is implemented periodically and alternately among the students, which makes the dormitory duty run and cleanliness will also be maintained.

The impact of positive or negative attitudes is very important for a healthy life. Impact is a process that arises from the internal management process. A professional leader can predict the type of impact that will occur in the future. The dormitory duty policy at Madrasah Mualliin Muhammadiyah Yogyakarta has several positive impacts. One of them can help in developing discipline, character, and interpersonal skills. This encourages students to work together and understand each other among members. In addition, it can foster moral character because every increase in dormitory duty discipline can affect the moral character of students. The development of skills related to leadership is another aspect of dormitory duty, including social, interpersonal, and moral skills. The most important aspect of the policy's effect is that the dormitory will always be present, and the actions taken by the administrators will also contribute to its future development.

3.3. Challenges and Obstacles in Implementing Dormitory Duty Policy

In reality, in the implementation of the duty policy, there are obstacles that occur that cause a policy not to run smoothly and not in accordance with the plan that has been planned from the beginning. Obstacles can be interpreted as any obstacles or obstacles that hinder or slow down the process or change in a particular system or process [43]. In this case, dormitory administrators must be clever in responding to it so that bigger problems do not occur because of these obstacles. Obstacles that usually occur are students on duty at a time that is too close to the school bell or on duty when it is close to the call to prayer so that the results of the duty are less clean, students do not carry out their duty, students ask for sick leave, students ask for permission not to be on duty because they go home, and so on. With the existence of several obstacles, the duty that should have been carried out in an orderly and neat manner becomes messy.

This obstacle occurs due to the lack of self-awareness of the students regarding the obligations that must be carried out so that they are prone to violations and disobedience to existing rules [44]. This is because this duty is mandatory, so there are some students who do not do the duty because they feel that their friends have cleaned the dormitory, so they do not need to do the duty. With the obstacles that exist, the dormitory administrators must provide solutions to existing problems, which are usually with leniency and punishment. In this leniency, or what is usually called *rukhsa*, it can be categorized for students who ask for permission, such as sick leave, permission to participate in competitions outside the city so that they cannot carry out duty, permission to go home because of family events, and other sharia permits.

Regarding the solution for students who have permission from sharia, dormitory administrators can provide a solution to students by exchanging duty schedules. For example, students who have permission to compete are given on Wednesday, then they are on duty on Wednesday, then the students who are participating in the competition must find a replacement on a day other than Wednesday. So the obligation to be on duty will not be missed. In the world of education in Indonesia, punishment is a process of suffering that is given or caused intentionally by someone (parents, teachers, and so on) after a violation, crime, or mistake occurs [45]. Punishment can be negative reinforcement if not carried out properly and wisely. On the other hand, punishment will be motivation if carried out with an educational approach [46]. The punishments given to students vary depending on the violation that has been committed, but before there is a punishment, there must be a warning first to the student for his own punishment, such as reciting the Koran in the dormitory yard or submitting hadith to the dormitory administrator.

From the statement above, it can be concluded that the dormitory administrator, or *asatidz*, has an important role in improving the discipline of students to carry out dormitory duty. Without the role of the administrator, the dormitory duty activities that have been planned from the beginning will not run smoothly, and students in the dormitory will be negligent in the tasks that have been given. With the presence of the dormitory administrator, the activities of the students become organized, and this can also change the dormitory, which was initially very dirty and untidy, to become a clean and tidy dormitory, and the problem of scabies, which was the beginning of the emergence of this dormitory duty policy, can be resolved slowly and even disappear.

IV. CONCLUSION

The dormitory duty policy made by the dormitory administrators is a very good policy for the administrators themselves and also the students. We can see these things above. From the administrators themselves, they become professional administrators in managing the dormitory because of policy making and also implementing policies. Administrators who can make plans (planning), organize activities (organizing), provide direction (direction), and finally provide supervision (controlling)—that is what makes the administrators look professional. The impact of the policies that have been prepared makes the students more disciplined, leading to the formation of character, responsibility, moral attitudes, and skills in the students. In addition to the administrators and students, the most obvious impact can also be seen in the cleanliness of the dormitory. A clean dormitory can prevent the spread of disease, which results in comfortable and healthy conditions in the dormitory.

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